

Chalmers Karate Schedule

	Mon	Tue	Wed	Thu	Fri	Sat
10:00						All Ages: 2 hr. Karate
5:30		All Ages: 2 hr. Karate		All Ages: 2 hr. Karate		

Adults stay in class for 2 hours.

Kids ages 8-16 stay in class 1½ hours.

Kids aged 7 and under stay in class for 1 hour